

Jefferson Health - Abington Faith Community Nursing Advisory Council presents

“Mental Wellness and Community Resources for Faith Community Nurses”

Living with and Learning From Diversity - Caring for People with Compassion and Understanding

The terms mental and behavioral health are often used interchangeably. According to the Centers for Medicare and Medicaid Services, behavioral health is defined as the emotional, psychological, and social facets of overall health; it encompasses traditional mental health and substance use disorders, as well as overall psychological well-being.¹ This program will focus on mental wellness (mental health) and the community resources that are available.



Keynote Speaker:

Abby Grasso, MSW; *Executive Director, NAMI Montgomery County, PA*

Date: Tuesday, November 29, 2022

Time: 6:30pm - 8:30pm

Please be plan to sign on a few minutes early as the program will begin promptly at 6:30 PM
Note: there will be time for Q&A at the end of the presentation as well.

Location: The program will be conducted virtually via Zoom platform
Zoom link will be emailed prior to program date

Contact hours: 2.0 Nursing Contact Hours

(Certificates will be emailed upon completion and submission of all evaluations and post-tests)

Registration is required - Registration deadline is Tuesday, 11/22/2022

To register, please contact Rachelle “Shelly” Longcoy at (215)361-6796 or email:
Rachelle.Longcoy@Jefferson.edu

This program is in collaboration with:



¹ Southeastern PA Community Health Needs Assessment 2022