

## **WINTER NETWORK MEETING**



## **Preparing Seniors for Life Transitions**

**Saturday, February 25, 2017**

**(\*Snow Date: March 4)**

9 a.m. to Noon

### **Holy Cross Hospital**

Holy Cross Health Conference Center  
1500 Forest Glen Road, Silver Spring, MD 20901  
Aud. A-C

### **Special Guest:**

Norvell V. Coots, MD, President and CEO, Holy Cross Health

### **PROGRAM**

Many seniors are faced with transitioning into new living arrangements and new lifestyles due to health issues, financial concerns or other challenges associated with aging. Faith community nurses and health ministers can help their senior congregants prepare to successfully navigate these transitions with an understanding of the individual's spiritual and emotional needs as well as knowledge of practical resources to facilitate downsizing and relocation.

### **PRESENTERS**

- ***Donna Eichelberger, Senior Living Specialist and Senior Move Manager, founder of "Graceful Transitions"***
- ***Kathleen Weber, CSC, Coordinator, Holy Cross Caregiver Resource Center***

**A continental breakfast will be offered at 8:30 a.m. Time will also be set aside during the program for networking with other faith community nurses and health ministers.**

**Please RSVP by Feb. 17 at 301-754-7066 or [FCNprogram@holycrosshealth.org](mailto:FCNprogram@holycrosshealth.org)**

Directions: [www.HolyCrossHealth.org/hospitals-locations](http://www.HolyCrossHealth.org/hospitals-locations)

*This activity has been submitted to the Maryland Nurses Association for approval to award contact hours. The Maryland Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*