

2018 Spring Gathering: Evangelical Lutheran Parish Nurse Association
Monday, April 30, 2018 8:30 a.m.-1:30 p.m.



Substance Abuse: How Faith Communities Can Help

Location: St. Barnabas Lutheran Church

15600 Old Rockford Rd, Plymouth, MN 55446

Stbarnabaslutheran.org

Event Co-sponsor, the retreat



Presenters: Traverse Counseling and Consulting

Michael Borowiak, MSW, LICSW specializes in helping individuals and families out of stressful and challenging dynamics such as substance abuse, depression and anxiety. He is trained in addiction counseling and family systems therapy and has provided training for faith communities and schools on these topics.



Emilee Rodriguez, MA, LAMFT works with individuals and families who need support navigating life transitions as well as those who desire healthier relationships. Her specialties include integrating spirituality into therapy and conflicted families.

As a result of attending, you will be able to:

- **Discuss how faith communities can constructively support families struggling with substance abuse.**
- **Identify the impact of substance abuse on children and families and patterns that emerge.**
- **Identify the relationship between Adverse Childhood Events, trauma and substance abuse.**
- **Identify the core competencies for faith community leaders in addressing alcohol and drug dependence and its impact on an individual and family.**

Schedule

8:30 a.m. Registration, Table Displays and Networking
9:00-1:30 Presentation with breaks and working lunch.
1:30 p.m. Evaluation and adjourn

Cost:

\$50.00 for ELPNA members
\$65.00 for non ELPNA members

This program has been designed for four (sixty minute) CEUs for Minnesota RNs

Please detach and mail registration to Louise Nesdahl, 1111 Livingston Ave, West St. Paul MN 55118 **Make check payable to ELPNA Region 3.**

I will attend I am an ELPNA member

Name _____ Phone _____

Email _____

Church/Faith Community Affiliation _____